



It's September! September can be rainy and scary, with typhoons and extreme weather, but also has days with beautiful blue skies! Popoki hides when it is scary, and dances outdoors when it is nice. How do you spend your time in September?

## Popoki's Hot News!

### Coming up!



**28 September** "Popoki, what does it mean to not be able to go home? Thinking about the right to evacuate from the perspective of the world, Fukushima and our lives," **KATO Yuko** "My tough decision to evacuate", Kobe YMCA Sannomiya Center (See p.8 !)

**12 October!** "Thinking about peace and health with Popoki"  
Hyogo University of Health Sciences, Community Outreach Center  
Please join us to think about peace, evacuation and health (See p.9)

### Piece of Peace



One of Popoki's friends, **Tai-nyan**, sent the following piece of peace.

"My family has a new member. We call it Milk.  
Milk's eyes shine when we take a walk together.  
Milk always follows me. Milk is cute, fluffy and gentle.  
My peaceful time has increased."

What sort of 'peace' did you encounter today? Please contribute a bit of peace! Please let us know by sending a message to Popoki's e-mail:

[ronniandpopoki \(at\) gmail.com](mailto:ronniandpopoki@gmail.com) !

## Popoki's Friends Visit Hatopoppo Nursery School

Written by Minanyan

Photos provided by: Muronyan and Satonyan

Hello, everyone. I'm Minanyan, and I joined Popoki Peace Project from this April. I really appreciate being able to join Popoki Peace Project. I would like to report on our visit to Hatopoppo Nursery School with Ronyan, Satonyan, Muronyan, Nagisanyan, and Dinyan. On July 30<sup>th</sup>, we visited Hatopoppo nursing school in Kobe. Hatopoppo Nursery School is an on-campus childcare facility for children of Kobe University faculty, staff and students.



Firstly, we read pages of Popoki's books with kamishibai and enjoyed drawing the shape of our hands and feet with the children in Hatopoppo Nursery School. While reading the kamishibai, we asked "What color is peace?" and "What are sounds and smells of peace?" They clearly answered, "We don't know!" I was impressed by the honesty of the children who could tell us that they did not know or understand. We could learn a lot from the children.



After the workshop, their teachers told us they were surprised by the children's active participation because usually some of them are a little shy. I was impressed that the teachers were pleased with their positive participation in the story of peace and friendship. When thinking about peace and

friendship with Popoki and through drawing, it is easier for children to say their opinion and speak their mind. That is something special about Popoki's activities, and that is Popoki's role.

Moreover, the children were interested when Ronyan and Dinyan read in English. Reading in English or other languages might help to attract children's interest in diversity, which is necessary to think about peace and friendship. I would like to conduct programs to read aloud to children in other languages next time. That way we can also include more international students.

Through this activity, we reaffirmed that peace is different for each child. That is not only interesting, but also a reason that thinking about peace is valuable. This activity gave the children a chance to think freely and express their images of peace and friendship and to feel peace, even if they did not understand the concept of peace. It was a way to bring "peace" close to them, a very important role of peace education.

Thank you very much to the teachers and staff from Hatopoppo Nursery School, and to Popoki's friends. I will be looking forward to seeing you again!



Beautiful thank you letters from the children at Hatopoppo Nursery School!



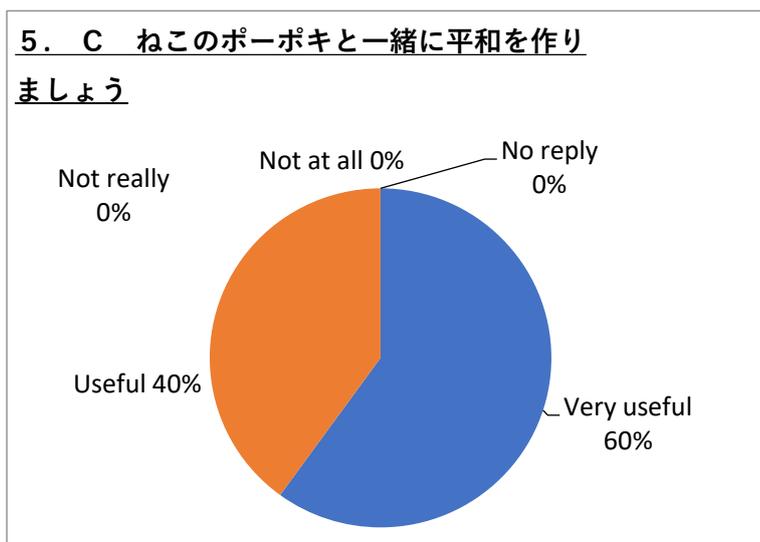
Popoki joined the “2019 16<sup>th</sup> Seminar on Development Education and Education for International Understanding of Multi-Cultural Living Together” At JICA Kansai, holding a session on the first day (5 August). This year, the session theme was “Being and Feeling safe,” and we did many things together. Both Popoki and Ronyan had a good time, and learned a lot, too!

Below are comments from the session participants (courtesy of the Kobe YMCA).



“In the workshop, each group made and presented a story.”

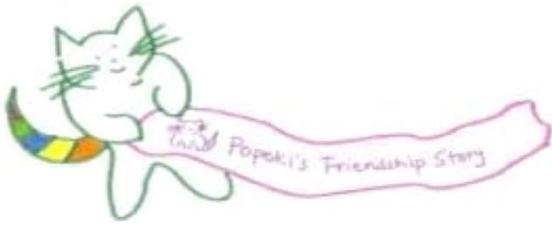
• Did you find the seminar useful?



< Reasons >														
<b>Very Useful</b>														
<ul style="list-style-type: none"> <li>• I got to know about many different activities, so it was good.</li> <li>• Lots of different people participated and I heard a lot of great ideas.</li> <li>• I was able to learn about things that I would like to try out myself.</li> <li>• There were many activities that seem applicable to different ages and are easy to do.</li> <li>• It was very good because I can use the content in my classes.</li> <li>• I enjoyed myself while learning.</li> <li>• I want to try them (the activities) out with the children.</li> <li>• I was able to reconsider the meaning of peace.</li> <li>• There were many workshop activities and I enjoyed them very much and felt peaceful. All the activities can be used easily and I want to try them in my classes at school.</li> <li>• I discovered that as we moved in the work from “Myself→group→all together” each person learned.</li> <li>• I was happy that while conducting the workshop, she (Ronyan) watched our reactions and talked with us. I was a good chance the think about peace and safety. Thank you.</li> </ul>														
<b>Useful</b>														
<ul style="list-style-type: none"> <li>• I enjoyed interacting with my group members and enjoyed learning.</li> <li>• I learned many activities to use in order to think about peace.</li> <li>• I want to us this to think about peace with children. It was a good chance to think about the meaning of peace.</li> <li>• I wanted to spend a lot of time on each activity. It was very enjoyable.</li> <li>• Starting from the ice breaking, I was able to learn about many aspects of peace.</li> <li>• I didn't really understand about Popoki from the internet, but from today's session I understood what it means to “make peace together”.</li> </ul>														

**Elementary School Children attending the Kobe University Gender Equality Office Summer School had fun making stories with Popoki!**





## \*Popoki's Interview\*

Ronyan

This month, we wanted to continue to think about the implications of nuclear technology. We know about nuclear bombs. And we know about nuclear tests. And we know about nuclear power plant accidents. But what about the process of making nuclear weapons? What about uranium mining, and enrichment, and the disposal of nuclear wastes? We wanted to know more. So when one of Popoki's friends said s/he might be visiting the site of a uranium enrichment plant, we asked for an interview and photos and lots of information.

Here's what we got: nothing!



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Nuclear weapons are dangerous because of their tremendous destructive power and long-lasting damage to all living things from radiation. They can destroy all we know and love. Nuclear testing and nuclear power are dangerous because if something goes wrong, it can cause tremendous damage lasting for generations. It could destroy all we know and love. Nuclear technology is dangerous because everything associated with it is always kept secret.

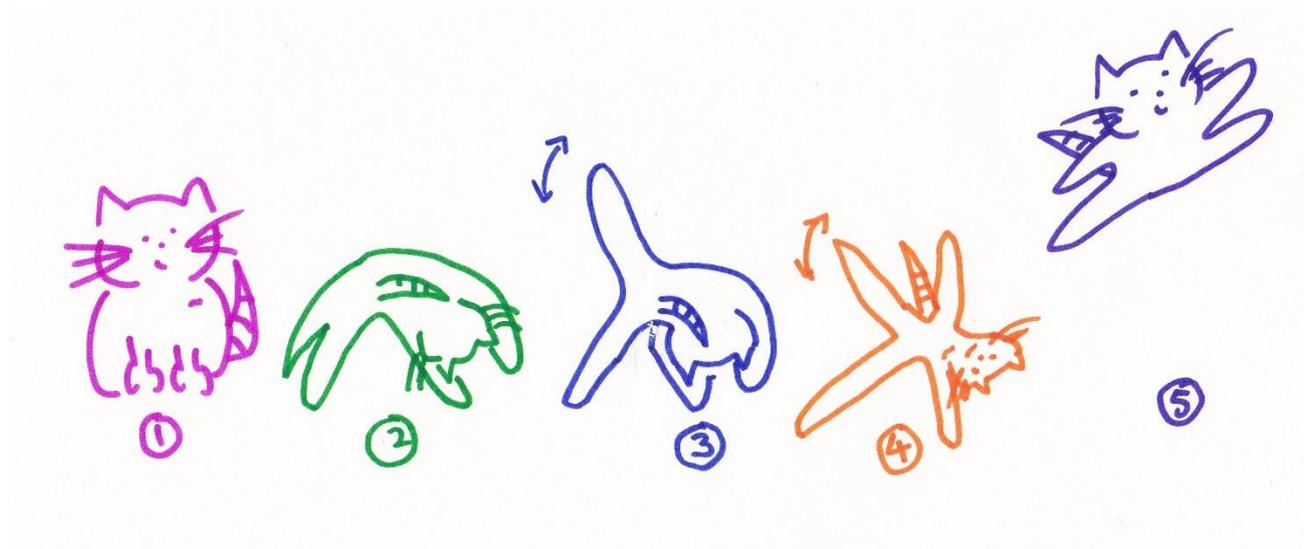
Secrets can not only destroy all we know and love,  
but also prevent us from being able to stop it.



# POPOKI'S EASY POGA

## Lesson 137

This month's theme is stretching and then abs again!



1. First, as always, sit up straight and look beautiful.
2. Now, with your hands and feet on the floor raise your back into a V shape.
3. Next, keeping that pose, slowly raise and lower one leg. Try the other leg, too!
4. Please take care with this one. Support yourself on your side with one leg and one arm, and then raise your leg. If you have trouble, try supporting on your elbow and with a bent knee. Don't forget to try on the other side, too.
5. Did it? Even if you didn't succeed, you tried! It is time for the 'success pose.' Congratulations! Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.

## Please join us!



**Next Po-kai: 2019.10.12 HUHS 16:30~ (after the program)**

9.28 Popoki Salon to think about lots of things: Seminar to discuss Fukushima Daiichi Nuclear Accident refugees with Yuko Kato! 14:00~16:30 @ Kobe YMCA Sannomiya Center. See p.10 for details.

10.12 Peace and Health Workshop @ Hyogo University of Health Sciences, 14:00~16:00 (Satonyan)

**Picture Book Suggestion from Popoki's Friends**

*Riokun no susumu michi – Gakko ni ikenai kimitachi he –* (Rio-kun's path: To those of you who can't go to school). Text & illustrations: Miyuki Kaneshiro. Gakken.

# 9.28

# Let's talk about nuclear evacuation!

ポーポキといろいろなことを考えるサロン

## 「ポーポキ、おうちに帰れないって、どういうこと？」

～世界・FUKUSHIMA・私たちの生活から避難の権利を問う～

Popoki, what does it mean to be unable to go home? Thinking about the right to evacuate from the perspective of the world, Fukushima and our lives

Special guest **特別ゲスト 加藤裕子(KATO Yuko)さん**

(福島第一原子力発電所事故被災者、原発賠償関西訴訟原告)

(Refugee from Fukushima Daiichi Nuclear plant accident; Nuclear compensation lawsuit plaintiff)

いつ/When 2019年9月28日(土) 14:00～16:30

どこで/Where **神戸YMCA 三宮 会館**

神戸市中央区加納町2丁目 7-7-11

問い合わせ先/Information **神戸YMCA 国際・奉仕センター**  
078-241-7204 <https://www.kobeymca.org/program/sannomiya/index.html>



参加費/Fee 無料/Free どなたでも参加できます/Everyone is welcome

### プログラム/Program

- 14:00 スタート
- 14:10 動画鑑賞 Video
- 14:20 ディスカッション・共有 Discussion Sharing
- 14:50 **加藤裕子さん!** KATO Yuko
- 「避難～大切な命を守る～わたしの決断、ペットとともに」  
“Evacuating: Protecting important lives – My decision to leave, and take my pets, too”
- 15:30 ディスカッション Discussion
- 16:20 共有 Sharing
- 16:30 おわり End



主催/Sponsors: Popoki Peace Project ポーポキ・ピース・プロジェクト、Kobe YWCA Disaster Victim 神戸YWCA 被災者

Support Project 支援プロジェクト、Kobe YMCA International Community Center 神戸YMCA 国際・奉仕センター

# 10.12 !!!

## Let's talk together about peace and health

兵庫医療大学 地域交流プロジェクト *9th Peace and Health  
Workshop @HUHS*

### ポーポキ・ピース・ネットワーク

第9回ワークショップ 「健康って、なに色？」

Workshop: "What color is Health?" @ Hyogo University of Health Sciences



あなたも 平和のねこと一緒に  
健康と平和について  
感じたり、考えたりしませんか？

平和って何だろう？健康って何だろう？

普段何気なく聞いたり見たり感じたりしていること。

ねこのポーポキと一緒に平和や健康の観点から暮らしを見直してみませんか？

あなたの健康づくりは、なに色？みんなで一緒に考えてみよう！！



#### スケジュール Program

- 
- 13:30 受付 Registration
  - 14:00 「ボガ」タイム Poga ※ボガ：ポーポキのヨガ
  - 14:05 ワークショップ①「ポーポキ、健康って、なに色？」  
Workshop 1: Popoki, what color is health?
  - 14:30 散歩して平和と健康、元気、安全・安心を探そう \*雨天は室内で決行  
Walk outside and look for peace and health, genki, safety and relief. \*It will be held indoors if rainy
  - 15:10 ワークショップ②「あなたの避難袋は、どんな味？」  
Workshop 2: What flavor is your emergency kit?
  - 15:50 まとめ、発表 Conclusion, presentations
  - 16:00 解散 Dismissal

日時 2019年10月12日(土曜日)

14:00~16:00

場所 兵庫医療大学 地域連携実践センター

対象 どなたでも参加できます。Open to all

定員 30名 30 participants

会費 100円

申込方法 FAX(裏面)にてお申し込み下さい。Registration: Fax (see the reverse side)

問合せ先 兵庫医療大学 地域連携実践センター HUHS Community Outreach Center

電話 080-6204-8793(受付時間:平日9時半~16時)

担当者 兵庫医療大学薬学部 桂木聡子 For information contact Satonyan



## Popoki in Print \* Back issues of Popoki News:



[http://popoki.cruisejapan.com/archives\\_e.html](http://popoki.cruisejapan.com/archives_e.html)

“Popoki Mini Peace Film Festival,” Kobe YMCA News No.652, July/August 2017, p.3

- ESD Digital Archives, Kansai Council of Organizations for International Exchange  
<http://www.interpeople.or.jp>
- “Peace Picture Book Published – linked to disaster support in East Japan” *Kobe Shimbun* (2014.3.25) KIHARA Kana
- “Awards given to 37 groups Daiwa Securities Foundation” *Kobe Shimbun* (2013.8.23 p.8)
- “Reproducing ‘human shadows’ and asserting no nukes” *Kobe Shimbun* (2013.8.7 p.22)
- ‘Draw inner thoughts about disaster’ *Yomiuri Shimbun* 2013.2.16:4 (evening edition; Japanese)
- “‘Safe’ and ‘Secure’ Society is from the bottom-up”, *Mainichi Shimbun Interview with Ronni Alexander*, 2012.10.29, p.1 (evening edition; Japanese)
- R. Alexander. “Remembering Hiroshima: Bio-Politics, Popoki and Sensual Expressions of War.” *International Feminist Journal of Politics*. Vol.14:2:202-222, June 2012
- “Article 9 is at the base of Peace with Popoki” *Kodomo to Mamoru 9 jono kai News*, No.66, 2012.5.12
- “Hope on 60 meters of cloth” Etsuko Akuzawa. (In Japanese) *Asahi Shimbun* 2012.1.21
- “Voice for Peace made into a book” Masashi Saito. (in Japanese) *Kobe Shimbun*, 2012.1.19
- K. Wada. “Conversations with Ronni Alexander: The Popoki Peace Project; Popoki, What Color is Peace? Popoki, What Color is Friendship?” *International Feminist Journal of Politics* Vol.13, No.2, 2011, 257-263
- S. McLaren. “The Art of Healing”(Popoki Friendship Story Project) *Kansai Scene*. Issue 133, June 2011, p.10. [kansaiscene.com](http://kansaiscene.com)
- R. Alexander. (2010) “The Popoki Peace Project: Creating New Spaces for Peace in Demenchonok, E., ed. *Philosophy after Hiroshima*. Cambridge Scholars Publishing, pp.399-418
- 省窓: Column in *Kobe YMCA News*, No.606, 2011.1, p.1 (In Japanese)
- “If we all participate, something will change! Reflecting on Palestine” *THE YMCA* No.607 June 2010, p.1 (YMCA Japan Monthly Newspaper)
- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, [http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602\\_en](http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en) 2010.3.15
- FM COCOLO 76.5 ‘Heart Lines’ 2010.1.9 Japanese Interview: Ronni on Popoki in Palestine
- “Human Rights, Popoki and Bare Life.” *In Factis Pax Journal of Peace Education and Social Justice* Vol.3, No.1, 2009, pp.46-63 (<http://www.infactispax.org/journal/>)
- Nishide, Ikuyo. “Popoki, What Color is Peace? Lecture by Ronni Alexander.” “PPSEAWA” (Pan-Pacific and south-East Asia Women’s Association of Japan), No.63, 2009.12, p.5
- ‘Friendship’ No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- ‘Not for But With...’ No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- ‘Nada’ notice of the Popoki Peace Challenge event, 2009.12, p.2
- ‘Yujotte...Kangaeru Ehon.’ *Asahi Shimbun* 2009.7.2 AKUZAWA Etsuko
- ‘Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,’ *RST/ALN*, No.259 2009.6.28, p.11
- ‘New Books: Popoki, What Color is Friendship? Popoki’s Peace Book 2’ (Rebecca Jennison) “Cutting-Edge,” Vol.35 2009.6, p.3
- ‘Thinking about Peace with a Cat: Second Peace Book Published.’ (SAITO Masashi) *Kobe Shimbun*, 2009.4.21
- ‘Popoki, What Color is Peace?’ *Kobe YMCA News*, 2009.3.1. No.593. p.2
- ‘Popoki, What Color is Trash?’ *Kobe YMCA News*, 2009.1.1. No.592. p.2
- ‘Tomodachi ni Natte Kuremasenkai,’ *RST/ALN*, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese (No longer available)
- *Yasashii kara hito nann desu* Exhibition Organizing Committee ‘Universal Declaration of Human Rights.’ Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: [blrhyg@osk3.3web.jp](mailto:blrhyg@osk3.3web.jp)
- “KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki.” *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- *Kobe Shimbun* “Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles” 2008.10.8. p.10
- “An Interview with Dr. Ronni Alexander.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- Human Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>

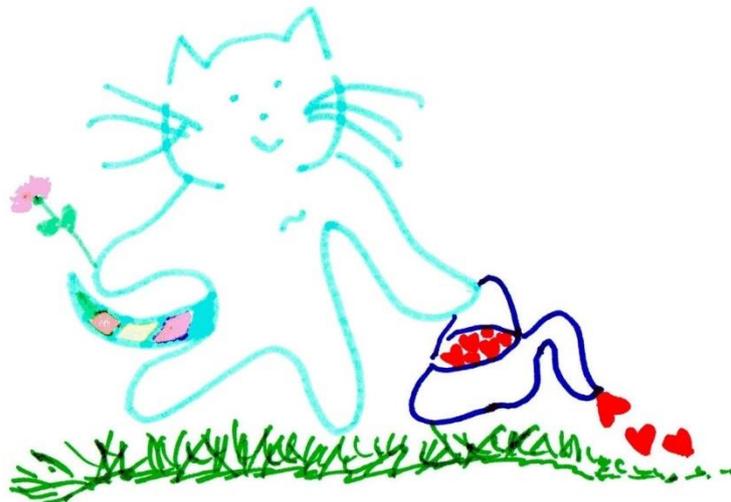


## What Popoki Means to Me

Popoki is a cat and I am a human. We are two of the multiple kinds of animals who are part of all the living beings on our planet, Earth. Popoki and I both love Earth. We feel kinship with all the other beings who love her. We are so sad that many humans do not know this love. Our hearts are heavy when humans harm others of their own kind of animals and any other beings that Native Americans teach us are "all our relations."

Popoki and I are very happy to know each other. We are happy to know that we both care for Earth and all our relations. So we try very hard to help humans to understand our kinship, so they can care and be happy, too. When others start to care, Popoki and I are really, really happy. We call this happiness, joy. We hope all our relations will learn to share our joy. What Popoki means to me is caring and joy.

Betty Reardon, a friend of Popoki.



## PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. Since the March 2011 earthquake, we have also worked in the disaster area and in 2012 published a book about that work: *Popoki's Friendship Story - Our Peace Journey Born Out of the Great Northeastern Japan Earthquake. Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

**How to purchase Popoki's books: *Popoki, What Color is Peace? Popoki's Peace Book 1, Popoki, What Color is Friendship? Popoki's Peace Book 2, Popoki, What Color is Genki? Popoki's Peace Book 3 and Popoki's Friendship Story***

### From outside of Japan

1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)
2. Write to us at [ronniandpopoki@gmail.com](mailto:ronniandpopoki@gmail.com) and we'll figure it out!

### From Inside Japan

From the publisher, Epic: TEL: 078-241-7561·FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project [ronniandpopoki@gmail.com](mailto:ronniandpopoki@gmail.com)



**Contributions are always welcome!**

Popoki Peace Project [popokipeace-at-gmail.com](mailto:popokipeace-at-gmail.com)

<http://popoki.cruisejapan.com>



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# THANK YOU FROM POPOKI!